

New Patient Information

Patient Checklist

When you come for your first visit with us, please **BRING YOUR COMPLETED** history and registration forms. Give the completed forms to our receptionist. She will ask you for your insurance cards and make a copy for your chart.

You will need to bring the following items with you to our office.

1. All of your current medication bottles or an updated list of your medications.
2. Past medical records, including any cardiac or vascular testing, EKG and blood work (recent), or have your referring doctor fax them to us at 713-776-3087
3. The name, address and Telephone number of your primary care physician or referring doctor.
4. Any forms you have been asked to bring.
5. Insurance cards and drivers license or picture I.D.
6. Wear or bring comfortable, loose fitting clothing and walking shoes with rubber soles.

Preparation for Stress Test

- Nothing to eat or drink for 3 – 4 hours prior to taking the test (other than medication).
- Wear comfortable loose fitting clothes and walking shoes with rubber soles.

Preparation for Nuclear Studies

- Nothing to eat or drink for 6 hours before the test (other than medication) if the test is combined with a stress test. This may not be necessary if the test is being done in a resting state.
- So not have any caffeinated substances such as coffee, tea or chocolate 24 hours prior to the test.
- Some medications also contain caffeine and should NOT be taken 24 hours prior to the test. Check with the office.
- Smoking raises the heart rate and blood pressure, tobacco in any form should be avoided four (4) hours prior to testing.
- Wear comfortable loose fitting clothes and walking shoes with rubber soles.
- If you are pregnant (or suspect that you might be pregnant), let your doctor or nurse know. Such tests should generally not be done on pregnant patients.

Prescription Renewals

Due to the complexity and potency of various cardiac medications, the physicians of Diagnostic Cardiology of Houston, P.A. require, for your protection, a thorough chart review prior to authorizing a prescription refill/renewal. Since the physician may be with

another patient, we may not be able to renew prescriptions immediately. Generally, a return call from a clinic nurse directly to the pharmacy is required. For your convenience, we request that you call in the day before you need your prescription refilled. If you need mail order a prescription call at least two weeks prior and the prescription will be mailed to you.

Disability Forms

Please bring your disability forms to us at least one week before they are due. The processing of these forms is quite time consuming and is limited to two forms per month at no charge.

**APPOINTMENTS AND PRESCRIPTION REFILLS ARE HANDLED DURING
OFFICE HOURS ONLY**